



“We were excited but anxious about the computer science challenge.”
6D Poon Tsz Yeung (2018 Computer Science Challenge Champion)

I took part in the City U 2018 Computer Science Challenge Competition with my friend Rocky Ho. Fortunately, we became champions.

The competition consisted of two parts: games and program solving. There were two games in the first part which were Algebra Game and Bridg-It. In Algebra Game, we needed to perform appropriate arithmetic operations to complete the equations. In Bridg-It, players competed with a computer to connect two points by bridges as soon as possible. In the program-solving task, we needed to code a part of a program to control a robotic car.

On that day, we were excited but a little bit anxious as we did not know how difficult the tasks were.

In the first part, we finished the two games quickly since Rocky was so smart that he adopted some strategies to finish the games efficiently. I was astonished at his performance. Having done well in the first part, we believed we could win the competition.

The competition was not all plain sailing. When I tried to finish the program-solving task, I faced a lot of difficulties. I failed to finish the tasks perfectly to get the highest score even though I had prepared well before the competition.

In the prize-giving ceremony, we had no glimpse of hope to become champions. However, when the MC announced the winner of the competition, we were surprised because we became champions! I was grateful to Rocky for leading me to success in this competition.

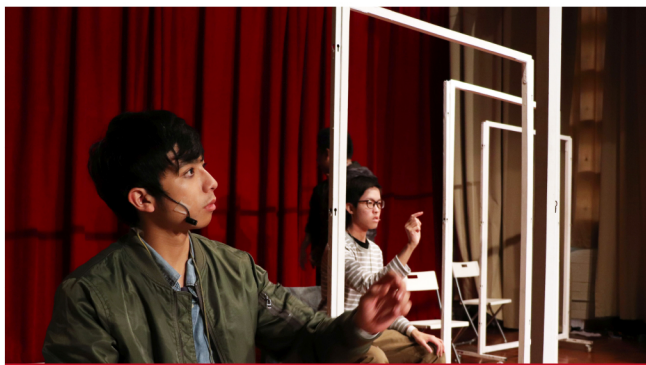
After this competition, I learnt we should try our best in every aspect by getting ourselves well prepared although we cannot control the results. Besides, I also learnt that it is important to communicate and cooperate with my friends, classmates or teammates. We have to trust them so that we can overcome obstacles. All in all, it was a great experience. I will join more competitions so as to acquire more knowledge, enrich life experience and broaden my horizons.

歲月如流，六年的時間轉眼間就過去了，即将要離開學校的我，回想過往，戲劇學會給我不少深刻的記憶。在參與戲劇學會的五年中，由一開始還是懵懵懂懂的參加者，到後來成為計劃活動的籌備者。一場又一場的戲劇，回憶有苦有甜。

戲劇是什麼？在我眼裡，就是一群瘋子為了四十多分鐘的表演，籌備數月的活動。在戲劇演出前一個月，我們更騰出所有課餘時間和假期，一次又一次，日以繼夜，每天排練十數小時。整個戲劇學會為的就是表演出一場值得觀眾讚賞的劇作。不但如此，我們更想透過戲劇去提醒大眾關注社會上所發生的事，讓觀眾有所得著。如諷刺社會機制的《22 Days》和《SHELTER》、青年人工作的《打好呢份工》、欺凌問題的《唔關我事》和親情的《關繫》，這都是與社會緊緊相扣的。戲劇不但是娛樂觀眾，更是一個討論社會議題的工具。

戲劇，使我們能放下平日沉重的書包，投入其中，去學習課本外的知識，學習與他人協調和配合。戲劇不可能只依靠單獨一人就能完成。一場動人心弦的演出，是不能缺乏演員的積極參與、場景搬運的精準到位、燈光和音樂的完美配合。只要缺少其中一部分，整套劇都不能成事。正因如此，戲劇能讓不同學生在學科以外各顯所長，尋找自我。

戲劇學會雖然不能和校隊一樣，揮灑著汗水，為校爭光；或是和學生會一樣，吶喊著口號，凝聚團結。但它有著一股魔力，一股讓人自願費盡時間和心思的魔力，讓參與的同學，站在舞台上，站在觀眾前，竭盡所能，為每一位觀眾傾力演出。



「戲劇不可能只依靠單獨一人就能完成。」
6C 陳兆宏 (戲劇學會)



「陳瑞祺令我有一個充實而愉快的中學校園生活。」

6D 張生霖 (優異生)

中一時，我是一名懶散的學生，整天只顧玩電子遊戲，荒廢學業。幸好陳瑞祺的老師沒有放棄我，更經常鼓勵我，指出我有很大的潛能，只要我稍作努力，便會有很大的進步。

老師一點一滴的教誨，令我戒除沉迷電子遊戲的惡習，更使我樂於學習。自中二起，我的成績便名列前茅。我十分感激老師一直以來給予我的支持、鼓勵，他們感化我，令我領悟到學習的樂趣，並掌握不少的學問。

一直以來，老師們都給予我不少機會，參與不同的課外活動。例如於中四時參觀香港電燈有限公司；中四暑假到香港大學參加改善英文會話的課程；中五學年參加『恒隆·築跡--年輕建築師計劃』。這些經驗給予我跳出校園學習的機會，拓闊我的識見。

此外，我亦有機會參加不同類型的比賽：如中三時參加第十三屆資優解難大賽；中四參加由教育局舉辦的數學閱讀報告比賽；中五參加聯校生物科比賽等等。這些寶貴的經驗，讓我與來自不同學校的同學進行切磋，豐富我的學習經歷。

除學業和活動外，我們和老師的關係亦十分融洽，時常有師生同樂的活動進行。就如在中四秋季時，我們到了長洲玩沙灘排球；中五到大澳行山。雖然那天我們都勞累，但沿途有講有笑，十分愉快。我們於課餘時間亦有不少聚會。就如中四聖誕時，我們舉辦派對慶祝這個普世歡騰的節日；我們亦不時在課室裡舉行午間聚會，共享美食之餘，又互相交流溝通，聯誼師生感情。我們和老師以誠相對，這段亦師亦友的關係，令我在陳瑞祺學習時感到十分舒適和快樂。

陳瑞祺令我有一個充實而愉快的中學校園生活，我所獲得的，除了是學識外，還有的是我青少年時期寶貴的回憶！



2018第四屆卓越學生領袖選舉

由政賢力量舉辦之第四屆卓越學生領袖選舉，經過去年一個長達兩個多月的比賽後，5D班劉宇嘉同學在比賽中得到優秀表現，獲選為卓越學員，並在粵港澳大灣區高峰會當中，在環保產業範疇取得最具創意提案獎。而劉同學更被大會邀請，撰寫民間施政報告中的環保及保育範疇的政策，表現獲得大會好評，並由大會頒發感謝狀。在此再次恭賀劉宇嘉同學獲獎。



「於文化週，同學寓遊戲於學習，還可以贏取美味的食物。」
6D 林柏希 (文化週)



本學年的文化週的主題為「中日文化」，一如以往，文化週活動由中文學會、中國歷史學會、普通話學會及美術學會聯辦。舉行文化週的目的是加深同學對中日文化的認識，向同學推廣中日文化的獨特及有趣之處。

當天在學校操場設置展板，讓同學在小息、飯餘時間能了解更多有關中日飲食特色。展板內容豐富，不少同學三五成群圍在展板前，想必對當中的食物垂涎欲滴。

只有展板未免太過單調，各學會在露天操場設置攤位。在中午時段為同學提供各種小遊戲，有拋接豆袋、配對中日文字等，吸引同學投入其中。同學寓遊戲於學習的同時，還可以贏取美味的食物。有同學在品嚐和菓子之後，意猶未盡，繼續排隊換取其他美食，令操場擠得比肩繼踵，人流絡繹不絕，格外熱鬧。除此之外，有老師、同學穿上日本傳統服飾——和服，為同學上演一齣話劇，以幽默風趣的形式介紹中國文化傳入日本的過程，重現兩地文化交流的歷史，同學從中獲益匪淺。

把整個活動推上高潮的正是我校的掌舵手——李校長出場。帝皇裝扮的李校長的出現，瞬間點燃全場熾熱的空氣，同學紛紛與校長拍照留念，共渡這個快樂的時刻；校長的參與亦為文化週添上一層非凡的意義。

同學在參與活動後，除了了解中日兩國在文化上的淵源外，更親身體驗到我校這個大家庭的團結和溫暖，成為同學們日後回憶中學往事的一段佳話。



CHAN SUI KI (LA SALLE) COLLEGE 陳瑞祺（喇沙）書院 2018 - 2019

NEWSLETTER



「陳瑞祺的學生一向最重視歸屬感。」

6C 吳家禧 (第二十屆學生會會長)

陳瑞祺的學生一向最重視歸屬感。

學生會的責任，是要將陳瑞祺學生引以為傲的「陳瑞祺精神」傳承給師弟們，令陳瑞祺的旗幟繼續飄揚於紅燈山之巔。

陳瑞祺學生會，給予了無數的機會。不論是內閣成員還是普通的同學，都可以從中學學習，得益匪淺。而這一份禮物，就是一份無價之寶，令大家在六年中學生涯之後，帶走一份比畢業證書更為珍貴的禮物，就是一顆堅持之心。

作為陳瑞祺的學生，經常聽得到「永不言敗」四字。「堅持」，是陳瑞祺學生最大的優點，不單單是在運動場上，在學生會中更加可以突顯這份精神。貢獻母校不求回報，但求無愧於心。學生會的成員一直犧牲個人時間，甚至留校到夜深，為的是令同學能夠在活動中感受到陳瑞祺的精神，期望他日他們都能夠在不同方面貢獻母校。

每一年，陳瑞祺的學生會都會在學界田徑賽時到運動場，帶領低年級的同學為我校的運動員搖旗吶喊，這正體現出我校比其他學校更有歸屬感。從入學的一刻開始，師兄們就以身作則教導我們何謂團結、何謂歸屬感，好讓我們將「陳瑞祺精神」一代一代的傳承下去。

「溝通」，是學生會最重要的一環。同學們的意見都是舉足輕重的。作為同學與校方的橋樑，傳遞有效的訊息，讓我們向另一個里程碑邁進。

「創新」亦是學生會的責任。因此，我閣不斷嘗試與不同的學校舉辦各類型的活動，務求照顧不同同學的需要。本年度，學生會破天荒設計了一系列的活動讓同學參與，例如聯校偵探遊戲，參加者需要不同的線索當中，重新將故事連結起來。學生會設計這個活動的目的，就是希望同學在遊戲中訓練批判性思考以及解難能力。同學滿足的笑容，就是學生會繼續昂首邁進的原動力。

下個學年，將會是我校第五十個年頭。學生會藉此，祝願學校「百尺竿頭，更進一步」。



"I became a responsible and reliable debater."

5D Lau Yu Ka Larry (Debate Team)

I am good at debating. I became a member of the Chinese Debate Team after I entered CSK. But I was surprised when I was invited to join the English Debate Team.

My coach, Miss Lee, saw my potential and ability in debating, so she invited me to be a member of the team. She is a very passionate coach who always pushes us to our limits and also gives us tremendous support and opportunities to try our best.

In the first year, I won two best debater awards in three contests and my teammates and I became champions in an inter-school competition. In the following year, I took three more best debater awards. I became a responsible and reliable debater. Miss Lee has not only taught me debate skills, but she has also given me advice on my inter-personal relationship and studies. I also assumed the role of the President of the Hong Kong Lasallian Youth Movement and the Vice President of the Student Union to contribute to CSK. Later, I joined the Outstanding Student Leadership Competition and got the Outstanding Student Award. I was also invited to be the student editor in the 2018 Arete's Policy Address and I drafted the environmental policy which then became the proposal for the Hong Kong 2018 Policy Address.

I have spent a lot of time and energy completing my duties in the extra-curricular activities, but I have never regretted my involvement in those activities because I have gained a lot from them. For example, I learnt to manage different resources, organize events and communicate with others well. I am really grateful that I have been given a lot of opportunities and I have become a better person.

Now the countdown to the public examination has started, I really hope that I can do more for my school and my own dream. CSK is the place where I can talk about my dream and have countless opportunities. Even though I will leave CSK soon, I will try my best to realize my potential.

Hello everybody, I am Antoon from class 4D. I am an exchange student in Hong Kong, and I would like to tell you how I experience Hong Kong, why I came to Hong Kong, what I like about Hong Kong, what I don't like, and something about my home country.

So, first some information about my home country. I was born in Belgium, a small country in Western Europe, with a population of 11 million. Belgium has the best chocolate in the world, and it is famous for waffles, French fries and beer. The capital of Belgium is Brussels, and Ghent, Bruges, Antwerp are some other big cities. I live in a small village named Kessel, which is close to Antwerp.

This exchange adventure all started when I saw an advertisement from AFS. I went to some meetings held by AFS and signed up, because I thought it would be fun and I would learn a lot from this experience. I chose Hong Kong because it is a big city in which many people speak English. It is a place where "East meets West", and I heard that the people in Hong Kong are very friendly.



"Hello, I am Antoon from Belgium."

4D Antoon Vanvinckenroye (Exchange Student)

In Belgium, I live in a big house, with twelve other people: 3 brothers, a sister, a niece, 2 nephews, my aunt and uncle, my mom, and my grandparents. That is totally different from the living style here. In Hong Kong, the houses are very small and they are almost all apartment buildings.

I like Hong Kong because of the food and drinks: chicken feet, noodles, pork stomach, lemon tea and bubble tea. I like them all. There is also some interesting food like durians and fishballs. The second reason why I like Hong Kong is that there are many skyscrapers. They are all very impressive, tall, beautiful, making a wonderful skyline. And the third reason is the people here are all very friendly, helpful, and they speak English.

The disadvantage living in Hong Kong is that the houses are all very small. Besides, the weather is always hot and humid, and I need to wear a uniform when I go to school. But after all I like Hong Kong very much. Lastly, I would like to thank everybody from class 4D for their support, they always help me and I appreciate that very much.



"We can achieve the principle of "Work hard, play hard"."

6C Fung Kai Yeung, Boris (2017-2018 Graduate)

Some people may think that a balance between studies and leisure is nothing more than a fantasy in Hong Kong schools. However, what I experienced throughout my whole secondary school life told me that we, all students in CSK, can play and study simultaneously and achieve the principle of "work hard, play hard".

Our school provides us with different activities to push our potential to the fullest. The first day I walked into CSK, I saw a considerable amount of schoolmates having different forms of sports training like football, running and basketball after school. I saw determination in their eyes as they hoped to be promoted in the inter-school competition. I was touched, so I joined the cross country team. My schoolmates always encouraged me to excel in running. That was the first time I had tasted what brotherhood was.

Not only are sports activities provided, but our school also offers a variety of academic activities for us. For example, I joined the English class taught by a well-known alumni working in the court. During the class, my English ability was improved a lot. I also participated in a lot of talks in which I gained more exposure and broadened my horizons.

The time in the English debating team is my most memorable event in CSK. I learnt a lot and it helped pave the way for my tertiary education. Preparing for a Chinese debate competition is not easy, and the English one is more challenging. Thanks to the help from our team advisor, my teammates and I worked together as one and overcame many obstacles. We needed to read lots of reference materials and write convincing speeches as well as rebuttals in preparation for the debates. Although this was a very tough process, we won a number of debates, so it was worth the effort. One memorable time was when we became champions of the Term One Hong Kong Secondary Schools Debating Competition and won the Most Improved School Award of the 32nd Sing Tao Debating Competition. I really enjoyed my time in the team and I was glad to have been invited to be a part of the team. If not, I could not have had a fruitful learning experience to help me succeed in university.

Developing a wholesome personal development of students is one of the objectives of CSK, so other than academic and sports activities, our school provides a wide range of clubs and societies which develop our interest and cultivate us to be future leaders. In S3, I was selected to be the chairman for Christian Fellowship. Normally, only S4 or S5 students are allowed to be chairmen of clubs. However, I had to assume this role earlier. I had to learn different skills in organising activities and some administrative tasks in just a very short time. Luckily, my teachers helped me a lot and patiently supported me. Therefore, I soon became a responsible leader. I was the chairman for 3 years. Without such an experience, I might not have been a good leader and would not have acquired leadership skills which are necessary in modern society.

Apart from extra-curricular activities, studying is also important in school. Although the hardware of my school is not as cutting edge as newly built schools, we have a perfect learning ambience. The teachers taught me with patience and helped me in every aspect. They also acted as facilitators to help me explore further. Besides traditional teaching, some teachers used the flipped classroom approach such as fun teaching animation and videos, and interactive learning activities. They helped me pass the public exam with flying colours. My classmates were also good learning buddies in school. We shared our ideas, helped each other and studied together as brothers. I treasured my time with my dearest classmates. I would like to express my greatest gratitude to my teachers and classmates for their support.

I hope my school can continuously cultivate my fellow schoolmates and help them to strive for excellence.



"Friends are the major source of my happiness and have motivated me."

6D Ng Wang Lok (2017-2018 Graduate)

"I graduated from Chan Sui Ki (La Salle) College." I am proud of saying that, even though CSK may not be the best school in HK. I guess this is because of our sense of belonging. I love this school and I have fond memories of my secondary school life. Writing this article has rekindled my love of the school. What I have experienced will be imprinted on my heart and will never fade.

The early years are an ideal period without stress. Students rush to the basketball court during lunch time. They chase after one another in the corridor and get punished. They sometimes worry about dictations and homework tasks. My junior school life was amazing. Facing the upcoming HKDSE, my senior school life was not easy. Tests and exams put pressure on me. But I did not face it alone. Asking classmates what I missed in lessons helped me catch up with the progress of the class. Being welcomed by the teachers made me feel free to ask any question or ask for extra exercises without embarrassment. Even answering classmates' questions helped me revise the topics. Chatting or sometimes joking with friends at the right time helped me get rid of pressure. With their help, I persevered for the DSE and managed to get a good result.

Friends are the major source of my happiness and have motivated me. I was not a top student when I was in the junior forms, but thankfully a group of friends provided an excellent environment for me to nurture my own interest in studies, letting me find my own method to study and learn the way to overcome pressure. Having lessons together, seeing each other every day, having lunch together and sometimes laughing at each other's stupid behavior made our bond closer and brought me joy.

Teachers also supported me during my secondary school life. In CSK, the student-teacher relationship is so close that it is not surprising to see class teachers share a table with their students at lunchtime. Neither is it uncommon to see teachers chatting with students happily. The school provides a suitable atmosphere for students and teachers to develop firm relationships, which help to create a harmonious and peaceful atmosphere.

Admitted to HKU, I left my comfort zone and had no friends in the class at first. Falling behind in class, I started feeling nostalgic for CSK. Secondary school life is one of the most enjoying periods of one's study life, without worries and much consideration, all you need is just play and study. The school and teachers give you great support which you do not get in tertiary education. I whole-heartedly thank CSK for providing me with a wonderful secondary school life and nurturing me to become the person I am. CSK has taught me to persevere.

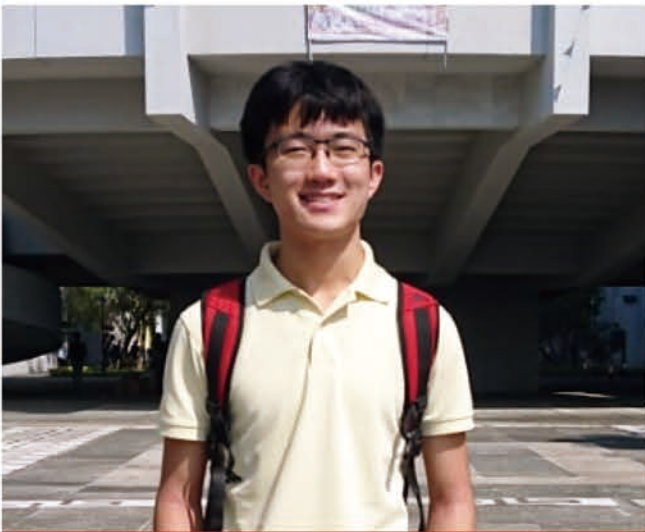
Studying in Chan Sui Ki was definitely fruitful and rewarding. I believe that the days I spent in the school were the happiest and the best days in my life. CSK helped me a lot in terms of academic and personal development, which has shaped my character and altered my attitudes.

As to my school life, there was a huge difference between the junior forms and senior forms. In the lower forms, I was given a high degree of freedom to explore and find my own interest through different subjects, ranging from humanities to science. At that time, I was mesmerized by science and I wanted to know more about it. So I chose to study Biology, Chemistry and Physics in S4. In the senior forms, I received huge support from my teachers. They spent their free time making notes for us and teaching us. When I encountered difficulties in my studies, the teachers never hesitated to give a helping hand to me. I still remember that I was in low spirits because of my poor performance in my final exam. With the help of one of my teachers, I finally found the right path to improve my results and after a long discussion with him, I managed my study timetable more effectively.

The school provides its students with many kinds of activities. My time in the junior forms was the best part of my secondary school life because CSK provided a variety of extra-curricular activities for me to join. I made friends with schoolmates from different classes. I joined the Red Cross. I could put my knowledge into practice and this experience shaped me to be a sympathetic and reliable person. I also learnt a lot of first aid skills and basic nursing techniques. The Red Cross not only equipped me with medical knowledge, but it also taught me leadership skills. In S4, I needed to organize different activities for my members. I gained hands-on experience that cannot be found in textbooks.

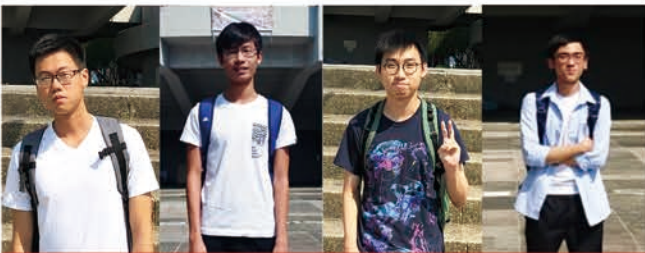
Before the DSE, I sometimes got lost and did not know what to do when facing piles of past exam papers. Thankfully, my best friends always motivated and encouraged me. I am happy that I found my life-long friends in CSK.

To sum up, CSK provided me with a good environment in which I was able to learn, grow and nurture my own talent. I will not forget what my alma mater has taught me and I will keep moving on. I am grateful for what CSK has given me. Thank you CSK!



"I will not forget what my alma mater has taught me."

6D Sit Hok Yin (2017 - 2018 Graduate)



"We are the boys in red."

(2017 - 2018 Graduates)