

CHAN SUI KI (LA SALLE) COLLEGE

陳瑞祺（喇沙）書院 2021

NEWSLETTER



Explore the Brand New De La Salle Brothers Library!

20-21 3D Raphael Valencia Geronimo

Library – a place for knowledge and relaxation

Excitement in life is what makes precious memories but sometimes you just want to have peace and quiet. The library is the answer. With its renovation completed recently, the new library looks better than ever.

Looking at the exterior of the library, you can already expect the inside to be very calming. The color scheme is white, light brown and green. On the announcement wall, you can see the school history and library activities - hopefully these inspire you to join some of the reading activities.



Environment and Design

Opening the library's transparent glass door, you can place down your belongings on the square shelves to your right. In the corner, right next to the door, is a high-tech printer. It even provides e-receipts so that you can keep track of any money expended from your Octopus card.

After placing down your belongings, you can turn around to the main part of the library. Walking through the waist-high turnstile gates, you can choose to sit on the comfortable single couches to your left. Adorned with pillows that you can position to support your back or hold and squeeze to relieve the tension of a most dramatic section of your novel, the couches are aesthetically and ergonomically pleasing. You may also choose to sit on the tall rotating bar stools which imbue the sitter with a more conspiratorial air, much like a detective in a noir story.

If you feel like looking up to stretch your neck from reading, you will notice that the light illuminating your book is not an ordinary light bulb or a tube light, but rather a circular ceiling light. The bright sunshine from outside also makes the ambience more refreshing and relaxing.

Reading and Study

Want to read a book that's only on the Internet? Not a problem! You can either choose to read at the small tables, furnished with tablets for your e-books or use the computers next to the high counters to surf the Internet for books you want to order or look at. Even if you don't want to read books, you can use the computers to look for information on websites such as Wikipedia. If you want to take a break from reading, you and your friends can have fun with the quiz app Kahoot: educational and entertaining!



If you come to the library to revel in the quiet atmosphere, you can sit on the chairs in front of the tables for two. Bring a friend with you to the library and do homework together. But don't forget to remain quiet as you are still in the library! You could even just bring your sketchbook or a project to do on your own.



If you're looking for a book to read, you can choose one from the bookshelves. There are a number of Chinese and English fiction books. If you would like to read something more realistic, you can indulge in scientific books, history books or puzzle books. You can even look at art tutorials, teaching you the proper way to draw a hand, a face, or a whole body.



Come for a Visit

Students can always turn to the library for a change of pace. I hope that everyone appreciates the new library like I do. Give it a visit in your free time and I guarantee you a new experience!



The pandemic has greatly changed me a lot – up till now there are still so many sets of e-learning videos to be processed. More time is spent in front of the laptop for online experiments and lectures. During the class suspension period, I hardly adapted or focused on the new type of teaching when faced with temptations like computer games or even my bed. Those days were full of suffering, but thanks to those challenges, I was eventually able to motivate myself to resist temptation and drive myself onto university, where I find myself now.

I often reflect on my time in CSK and the memories I made there. Unfortunately, outdoor activities, starting from the mid-term of Form Four to my graduation, were all cancelled due to the spread of Covid-19. I failed to obey the promises that I had made to join the 5000-metre run and swim with my classmates, promises I had made just one week prior to the initial suspension of school. More importantly for me, the loud cheers of the spectators at the Athletic Meets and Swimming Galas, which are the spirit of CSK, could no longer be heard. It is a great pity that we were robbed of so many important collective experiences of whole-school bonding in that period. Nevertheless, the numerous cancellations made me cherish even the smallest and most innocuous event. Teasing, joking and playing with classmates became ever more important and were frankly indispensable ways to enjoy secondary school life.

I am very grateful to not only my fellows, but also two teachers, especially. One is my science teacher in Form Two who put a lot of effort into teaching me despite my poor grades at that time. Inspired by his words, I gradually developed an interest in exploring the nature of science and chose a road related to human nature. The other one is my liberal studies teacher, who led me to build up my critical thinking skills by using topics from different areas in several ways like movies, videos and news. He taught me that stances are important, but more significant is to consider and compare impacts of an issue step by step before making a judgement. He changed my way of thinking, which was essential for my intellectual growth.

Apart from confronting the past, I have learnt a lesson about grasping my chances. Although there were so many chances given to prepare for the public examination, I did not utilize them fully. Without the supervision of teachers, studying seemed to be more difficult. Several days from the summer or even the delayed examination were mostly taken for rest, which contributed to my lower-than-expected results in the mock exams. I eventually realized the severity of my laziness and started to prepare well before running out of time.

Now, on the road to being a pharmacist, I feel quite stressed sometimes but, with the help of my new friends, excavating the mysteries of the human body is starting to become exciting and interesting. There will always be obstacles in the road of study and the pandemic is a good example. Thus, I will make every effort to improve myself. This is not only my duty to myself but also my responsibility to the community that got me to where I am, and for the community that I will serve in the future.

In the pandemic years, I lost some things but ended up with a larger gain overall.



"Cogito, ergo sum." René Descartes, one of the most vital contributors to philosophy, suggests that clear and logical thinking means a lot, especially to modern society. It means that only when you think, do you exist. To me, CSK is a thought-provoking place and has inspired me a lot in various ways. Looking back at my six-year journey in CSK, I feel blessed that I could study at a campus filled with a rich cultural atmosphere.

The lessons I have been taught over the years are the main fuel that sparked my interest and helped me gear up in readiness for different examinations. I can still remember the interesting series of teaching methods my biology teacher used, including watching video clips, regular experimental lessons, or even DNA model making. In chemistry lessons, my teacher used tailor-made videos to explain the concepts and train up our answering skills. I was impressed by my teacher's efforts. These creative measures unleashed my potential and raised my interest in chemical reactions and physiological mechanisms in humans.

Throughout my years of engagement in the Chinese Debating Team, I was determined to find answers to the questions and motions of every debate contest. The more I debated, the more I realised that not every question has a definite answer. The most important part of debate is to enjoy the process of thinking. Being the captain of the Debating Team, I was encouraged to participate in various competitions. In these competitions, the most valuable skill learnt was how to be an independent thinker. By analysing data, preparing persuasive speeches and presenting ideas, I have been trained to think systematically and infer carefully before I speak or act. I am sure the skills I learnt in debating are universal, especially in the medical industry where treating patients with love and care always comes first.

Apart from debating, I have also engaged in several scientific competitions in my secondary school life. Indeed, CSK encouraged me to be the school representative in HKTREE solar car races in

which solar cars were constructed and then put up against the solar cars of other teams. My biology teacher taught me a lot during the process of making racing cars. The key to learning and thinking is to always be curious about everything around you. Only when you are curious about the scientific phenomena and the relation between humans and the environment will you have the incentive to investigate further. When we become well-adapted to this mode of thinking, we will eventually be pushed to think wisely.

Thinking is also “the talking of the soul with itself”. When I ask myself what I am pursuing, or particularly, what I care about, I see the word “community”. Here, I would like to express my deepest gratitude to CSK, which gave me a challenging but fruitful secondary school life. I hope I can continue pursuing my dreams in CUHK, contributing more to our society from a pharmaceutical aspect.



「同學們總能從母校中尋找到自己的興趣。」

20-21 6D 關卓賢 (畢業生)

時光飛逝，日月如梭。轉眼間六年的中學生涯已經結束了，本以為是漫長的階段，竟在滴水之間消逝，現正邁向大學的生涯。過程當中難免充滿着遺憾，不過絕對不及歡樂多。有幸得到老師的邀請，讓我撰文分享這六年陳瑞祺（喇沙）書院生涯的感受。

人生不免有遺憾，我的中學階段也是。適逢疫情，中五下學期整個課程，基本上都是網上進行，我們失去了一些面對面上課的機會，失去了與同學和老師於課堂上實體交流，同時亦失去了許多參加活動的機會。有些活動的確不能如常舉行，例如：陸運會、水運會等等，但是網上學習並沒有把學生與同學或老師的關係分離，反而令我們的距離變得更接近。於網上學習時，我們更主動向老師請教。陳瑞祺的老師亦經常慰問我們，擔心我們在家裡未能得到最好的教學。至於跟同學的關係，大家仍會盡量抽空約出來聚會、吃飯等，使我們能維持疫情前的關係。

就如以上所說，陳瑞祺不論學生與老師之間的關係都非常緊密團結，這就是母校一直以來的傳統。每當中一新生入學的時候，總會有學生會成員教導我們陳瑞祺的口號，令人感到真的是加入了陳瑞祺這個大家庭，當中的一句“**We are Boys in Red**”，令我對陳瑞祺的歸屬感大大增加。每逢陸運會、水運會或一些聯校比賽，我們都會大叫這些口號，熱烈地為我校比賽同學打氣，從中讓我們感受大家是非常團結的。陳瑞祺的老師對同學們非常友善，每當同學向老師發問，他們都願意犧牲私人時間，不論學業或私人問題，老師絕不會推卻你的。我認為老師都能夠幫助到我，大家亦師亦友，即使畢業後亦能繼續與他們聯絡，與他們聊天。

除了師生關係之外，我認為陳瑞祺的學習氣氛是非常自由輕鬆，老師們會因應我們的程度教學，不會刻意為難學生，不會責罵我們。相反，他們非常包容同學，努力營造輕鬆的氛圍，令同學的投入度更高，讀書的效率亦隨之上升。除了學業外，課外活動非常多元化，自由度亦相當高，同學都能參加到自己感興趣的學會與活動，就如中五時我加入了會計、商業及經濟學會，參與當中的活動，擴闊了眼界和知識。母校提供了讓同學全能發展的機會，運動和樂器等訓練班一應俱全，同學們總能從中尋找到自己的興趣。

於陳瑞祺的六年中學生涯，我學到的不只課本上的知識，亦學習到與人相處的方法。在此，我希望各位師弟兼顧學業的同時，亦能夠認識更多知心好友，令整個中學生涯過得更多姿多彩。最後，謹祝全體同學前程錦繡，老師身心康泰。



「和台灣的同學們一同網上遊覽，感覺十分親切。」

20-21 4C 梁庭科 (中文學會主席)

今年的二月二十九日我校陳瑞祺（喇沙）書院的中文學會、中史學會與台南高雄中學舉行了一次交流活動，雖然活動是以網上形式舉行，但我們亦非常看重這次活動，事前功夫準備得不少。

本次活動的主旨是聚焦於港、台兩地的文化交流，我們共準備了三條短片介紹香港的文化特色。地點方面，我們選擇了包羅萬有的旺角。我們到訪了田園書店及樂文書店，介紹樓上書店文化；亦到了著名的花墟，觀看遊人購買鮮花的情況。除此之外，要突顯香港本地文化，又怎可以不提我們的地道小吃呢！絲襪奶茶、碗仔翅等等，都令人垂涎三尺。為了配合這次活動，全部的影片也是以國語進行介紹，雖然過程比較困難，但最後的成品亦叫人滿意。而高雄中學的同學則是以簡報的形式進行介紹，並配合英文作為旁述，介紹了台灣的特產珍珠奶茶，以及著名景點--清境牧場。清境農場是台灣具北歐風光的熱門旅遊景點，更是南投度假旅遊不可缺少的推薦景點行程。當天以即時轉播方式，由農場主持人介紹農場的特色，讓我們如置身於當中，和台灣的同學們一同遊覽，感覺十分親切。

由於疫情的關係，這次交流活動未能夠以面對面的形式與台灣的同學們交流，是這次活動美中不足之處。但作為中文學會主席的我，在這次活動中獲益良多，就例如如何以香港方面的主持人身份，確保整個活動順利並且流暢舉行，都是我學習的一次良好機會。若有幸能夠再一次進行交流活動，我一定會好好運用這次的經驗，使活動進行得更加順利。

RTHK Common Room

20-21 2C Nicholas Cheung Ching Ngai

Although I am only in my second year of life here at Chan Sui Ki, I already knew about the RTHK Common Room show before the school invited me to join it, earlier this year. As a Form I student last year, in a morning assembly I had heard about a classmate's participation, and I must say that his involvement piqued my interest. Realising that even a Form I student could be selected to represent the school was a big motivating factor for me to engage in extracurricular activities.

Whilst I was disappointed that I could not visit the studios in Kowloon Tong, nevertheless, I greatly appreciated the unique and wonderful opportunity to practise my English listening and speaking skills, by communicating with the radio show host Alyson Hau and my schoolmate Raphael Geronimo.

I must confess that, initially, I suffered somewhat from nerves. However, thanks to the tailored training I had received from the school, my confidence and experience quickly got me over that tiny bump in the road. As the interview progressed, I found myself able to relax and enjoy the experience.

Ultimately, it was cool to be able to download the podcast of my appearance on the show Common Room and play it for family and friends. No matter what happens in the ensuing years, I will always have a digital memento of a pretty awesome adventure. I sincerely hope anyone reading this is brave and bold enough to volunteer themselves for the chance to join in next year. Without a doubt, I can assure you that you will be well prepared and able to show your best self!

Hong Kong Secondary School Debate Competition

20-21 1B Owen Siu Siu Wang

Of course, I had heard about CSK's English debate teams. It's quite unusual for a school to have one debate team, let alone two or even three, so I was really enthusiastic to try this new skill and be part of the school's rich debate culture.

In my S1 Oral lessons, our English teacher had introduced the class to the basic fundamentals of debate (who doesn't like to argue?) and I enjoyed the process of finding holes in other's arguments or defending my own position. Later, when the school asked me if I wanted to represent CSK in an external competition, I was super eager to say, "Yes!"

The HKSSDC pitted me and two classmates against three complete strangers from an unknown school. The reality of that was both a little intimidating and totally thrilling. Regardless, with lots of training under my belt, I felt good about my research, case-building and argumentative skills. On top of all that, I was doing everything in English. It was so much fun to make the academic subject come to life and put it to real-world use.

When I reflect on the outcome, naturally, I'm disappointed that our team didn't win. But, it was fun, it helped me become more outgoing and more confident. I knew that I needed to be brave... and I was. That valuable experience will help me face future situations. When I need to be brave, I will know that I can be, because I have been. How about you? Come and join us, and boost the rich, diverse array of personalities and skills found within our CSK debate culture.

RTHK Common Room

20-21 3D Raphael Valencia Geronimo

It was my first interview, to be honest. My debate team's teacher had sent me a message through Microsoft Teams, telling me of an interview in which I'm included. It was a change of pace for me, so I attended the meeting which was held online.

Before the interview began, despite practising potential questions, I still felt tense and uneasy. I was tense until the interviewer told me that it was not necessary to act very professionally, and that I could take it easy. All my worries were gone, and soon enough, the interview began, and I went along with the flow. If it weren't for the interviewer, who knew how much I would've messed up?

As we talked, I got hit with a few questions which I had not expected, so I had to think of an answer on the spot. Luckily, the questions didn't require too much effort to answer, but I still believe that the questions were a bit of a challenge. If I were to be honest, I believe that it would be a good opportunity for young teens to try out their critical thinking, and most importantly, to have fun. I do hope that someday, I will be able to have a similar meeting such as this, once again.

Good People Good Deeds

20-21 1D Marcus Lau Tsz Kit

Did you know that scientists have proven that our minds learn better when the information we are given is in a narrative form? This is one of the reasons why I love writing: I believe it expands my mind and makes me more creative. When I write about a new topic, I have to learn about it and put myself into someone else's shoes. I can foster empathy in myself and in the reader as they will look at the story, or the actions of a character, in a different way. This is a powerful thing, indeed. In fact, this competition entry was really amazing as it allowed me to show a "good deed" story, which might show people the right way to act if ever they were in a similar situation. I would feel incredible if my story inspired a person to become the hero of their own life.

Moreover, learning how to craft a story is an excellent activity as you and your reader can learn new things and see alternative perspectives. It will help you academically, too, as you will develop tangible writing skills which will benefit you in all your classes. I would recommend everyone to participate in this competition if you get the chance: what new idea will you discover?

Despite this difficult academic year, as we vacillate between online learning and inclass lessons, we really ought to cling to these opportunities to try a break from the norm, and push and challenge ourselves to do something new. Every exciting adventure begins with a new step. When will you take yours! Why not try your hand at joining the Good People Good Deeds writing competition next year?

Hong Kong Secondary School Debate Competition

20-21 1A Chan Chun Sang

I honestly don't know how I ended up on the Junior Debate Team. Outside of my SI Oral lessons, I had never even heard of debate. In addition to that, I genuinely don't believe that I am any good at English. Sure, I can do my homework, study for tests and answer questions in class but that's completely different to using English to complete a big task like a debate! Firstly, school-based work is totally reactive. Whereas, in debate, you must be proactive and seize the initiative.

In spite of my misgivings, I joined the Junior Debate Team because I can't remember a time before this when I was given such a special opportunity. Furthermore, not only did it present me with a chance to develop my personality and character by requiring me to be more outspoken and collaborative, but it also enabled me to utilise all my 10 years' experience of studying English. What a great two-for-one deal. I strongly recommend you give debate a try. Believe in yourself and adopt a "can do" attitude. You'll achieve more, make more friends and be generally happier with yourself. I could, so can you. Yes, you can!

Hong Kong Secondary School Debate Competition

20-21 1B Carl Chen Gaoxiang

Whilst I wouldn't consider myself good at either English or debate, I must confess that I do enjoy both of them. Not knowing much about debate, I was suitably intrigued to give it a go when the school invited me to join the competition! I think what enticed me most was the hands-on experience. Rather than learn about the activity theoretically in a classroom, I was afforded the opportunity to be thrown in at the deep-end and submerge myself in the real world of debate competition.

Upon reflection, I'm grateful for the chance to try out debate. Overall, the concept is easy enough to wrap your head around it, so that almost everyone can do it, but the practicality of it is difficult enough that it provides a challenge, similar to an engaging puzzle. The debate training and competition definitely boosted my English-speaking skills. I look forward to persisting in this endeavour in the near-future. Join the Debate Club and find out what it can do for you!

Rogelio Wong and Marcus Lau (Up) ▶▶
Nicholas Cheung (Down) ▶▶
Jason Chan and Owen Wang ▶▶

**Magazine International (MI) Writing Competition**

20-21 1D Rogelio Wong Tsun Kiu

I would like to share my thoughts with you all about my MI writing competition experience.

Let me begin by confessing that prior to this event, I had never taken part in any writing competition whatsoever. Therefore, I cannot readily explain my excitement when my English teacher Miss F. Lee encouraged the class to apply. Besides excitement, I felt a great interest in this competition because I had an inkling that it would be an amazing experience, and it turned out that I was right!

Following on from this, I also was extremely keen to learn more about writing. Through the planning, drafting and publishing phase, the school was very timely in its positive feedback and encouraging support. The editorial guidance I received from the school really pushed me to – amongst other things – clarify, distinguish and elaborate on my ideas. As every student knows, developing our critical-thinking skills is crucial for academic (and life) success. Notwithstanding, there was also a lot of knowledge on tap about the mechanics of writing, such as structuring an argument, using vocabulary and grammar to write lucidly, coherently and persuasively.

Allow me to leave you with this final thought. I most certainly recommend all of you join any upcoming competition but especially this one! You will definitely improve, enhance and elevate your use of synonyms (for example). I had fun. It did not take up too much of my time, and I like learning new things. Don't we all?





「在皇都裡，尋找我們的你我他。」

20-21 4C 梁庭科 (中文學會主席)

在2021年的四月份，在中文學會顧問老師劉老師的邀請下，我和幾位同學有幸與老師一同參加《尋找你我他的皇都》的代入式歷史體驗活動——參觀北角的皇都戲院。皇都戲院的前身為1952年落成的「璇宮戲院」，是香港碩果僅存的舊式大戲院。

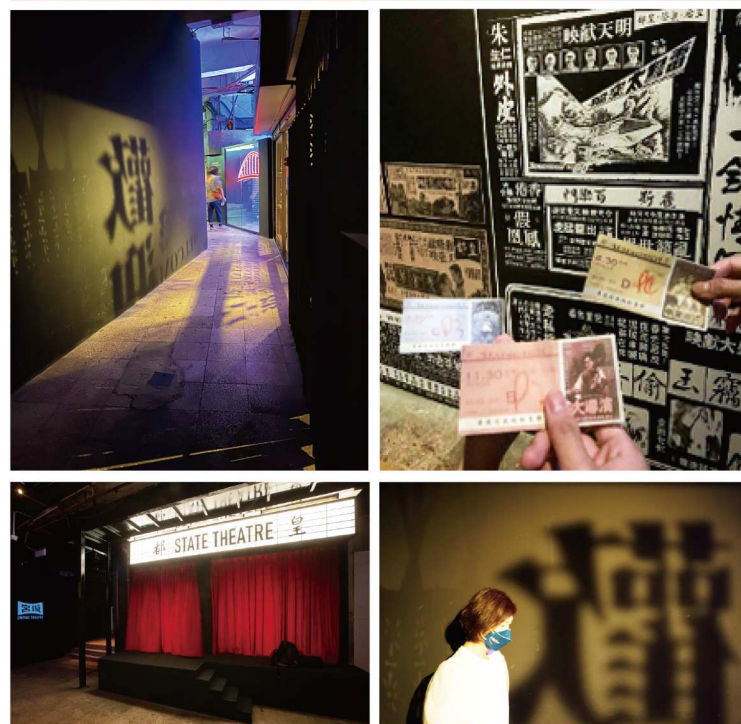
皇都戲院門前高掛一幅大浮雕，正是當地標誌性的大型浮雕《蟬戲董卓》。由中國當代嶺南畫派大師梅與天雕刻，融合了東西方元素，從遠處眺望，能夠看到浮雕雖然殘舊，但仍然受到妥善保育，絲毫不減風采。



向上眺望，便可以看到戲院第二大特色，世上唯一的「飛拱」式結構。這種結構能夠支撐戲院屋頂以達至無柱室內空間，並直接吊着放映室，以減低外來聲音所引致對戲院的震盪，提升視聽質素的效果，成就舊時璇宮的劇院功能。飛拱不單止實用，同時外表獨特，是一個不錯的打卡熱點。



踏入皇都戲院的售票處接過一張舊式戲票後，便可以跟隨導遊展開第一身體驗之旅。（戲票是由香港經典電影海報構成，非常具有紀念價值！）



皇都戲院內部完整重現了以往皇都商場的店鋪面貌，例如舊時的郵局、招牌店、七十年代風格的上海髮型屋等等，這些店鋪內部改成臨時展場，簡介香港戲院歷史，並陳列皇都戲院以前放映的電影海報、電影片段等。不過美中不足的是上海髮型屋暫時不對外開放，不禁令人感到遺憾。

除了內裏展板的介紹，穿着特色工作制服的工作人員們也絕對功不可沒，他們細心而且詳盡的解說，為本次體驗活動增添不少色彩，非常感謝每位！

