

SPORT

The immortal spirit - Never Say Die

H The Brotherhood from Training

Have you ever heard the cheers of hundreds of students, their parents, teachers and old boys in a competition? This unforgettable scene has become my memory after I participated in the inter-school athletics competition. As a member of the school athletics team, I have been given the chance to represent our school and as a result, I have a more fruitful school life.

The sense of unity and brotherhood I have experienced are invaluable experiences that I have gained from being a member of the athletics team. In every training session, senior students always lead the junior members and we encourage each other. This is how we show unity and stand together as one. Gradually, our brotherhood is developed through training sessions and competitions. We believe that while some great things are done by individuals, a greater sense of achievement is felt if you add teamwork. Unity is important if we want to fulfil our ambitions.

In addition to unity, the sense of belonging we get also drives us to pursue and fight for the glory for our school. The athletics team has influenced, motivated and inspired me. My sense of belonging has become stronger and stronger. Last year, I was the captain of the B grade athletics team, I learned how to be a good leader. This role has made me a good leader and I have gained a lot of confidence.

I have gained a lot from the athletics team and the slogan 'Never Say Die', has made a profound impact on me.

Jim Li Ka Ho (5E)
from Athletics team

C Something Learnt from Badminton

CSK Badminton team has set foot in Division 1 for more than 15 years. Our teammates strive their best, fighting for glory, not just for themselves, but also for the school. Their efforts pay off.

We did well in every single competition and we got numerous prizes every year. Besides, under the guidance of our very dedicated and talented coaches, Mr F M Ying and Mr W H Lam, we have got championship in the Jing Ying Competition twice in the previous ten years.

Badminton Team gives us a place to learn, not only the skills of badminton, but also the importance of team spirit. Whenever we have competitions, we won't give up. We encourage each other as we know teamwork is of paramount importance when it comes to winning a competition. The CSK spirit is always hovering around us. The 'Never Say Die' is a motto for all sports team members in the school.

Indeed, we have improved a lot. We are more mature; we are stronger; we are tougher. Although we know that there are pitfalls ahead, we will face them positively. We will be courageous and persistent.

By Isaac Lee



C La Salle Exchange Programme

CS Exchange Programme is a joint-school activity. Last year, I was selected to join this programme and was assigned to St Joseph's College (SJC). It was really a valuable experience which I could explore the culture in SJC and learn a lot from their boys!

Members of Lasallian Youth Movement arranged several ice-breaking games for all participants. For me, these activities were really unparalleled experience. I built friendship with many Lasallians. I didn't regret missing lessons for a whole week in CSK since meeting new friends is what makes my life wonderful.

Justin Lee 5E



I My school life in CSK

I remember my first day in CSK quite well. It was a hot summer morning and I had to walk onto the stage to give a short speech to introduce myself. When I was standing there, looking at hundreds of students smartly dressed in their uniforms, I felt nervous and stuttered as I introduced myself. The unknown environment was so disconcerting for me. This was my first big culture shock in Hong Kong, but my impressions changed soon.

Classmates and teachers welcomed me cordially and I got used to wearing my school uniform. There are no such things as school uniforms in Germany, so, at first, this was strange. Even though lining up for the morning assembly or other things such as praying before the lesson seemed very strict and even a bit military to me, after a while, I got used to how well-disciplined a school could be.

It was not long until I made friends with schoolmates and I joined the long distance running team. Soon I was a part of CSK and I felt proud to represent my school in interschool competitions. The great CSK team spirit deeply impressed me, since I had never seen such devoted support to a school before. All in all I had a desirable experience in CSK and I am happy to be "a boy in red".

Tristen from Germany



L The Missions of Catholic Society

Last year, I was responsible for the religious-related activities and this was the greatest opportunity for me to contribute my religion and serve my fellow schoolmates.

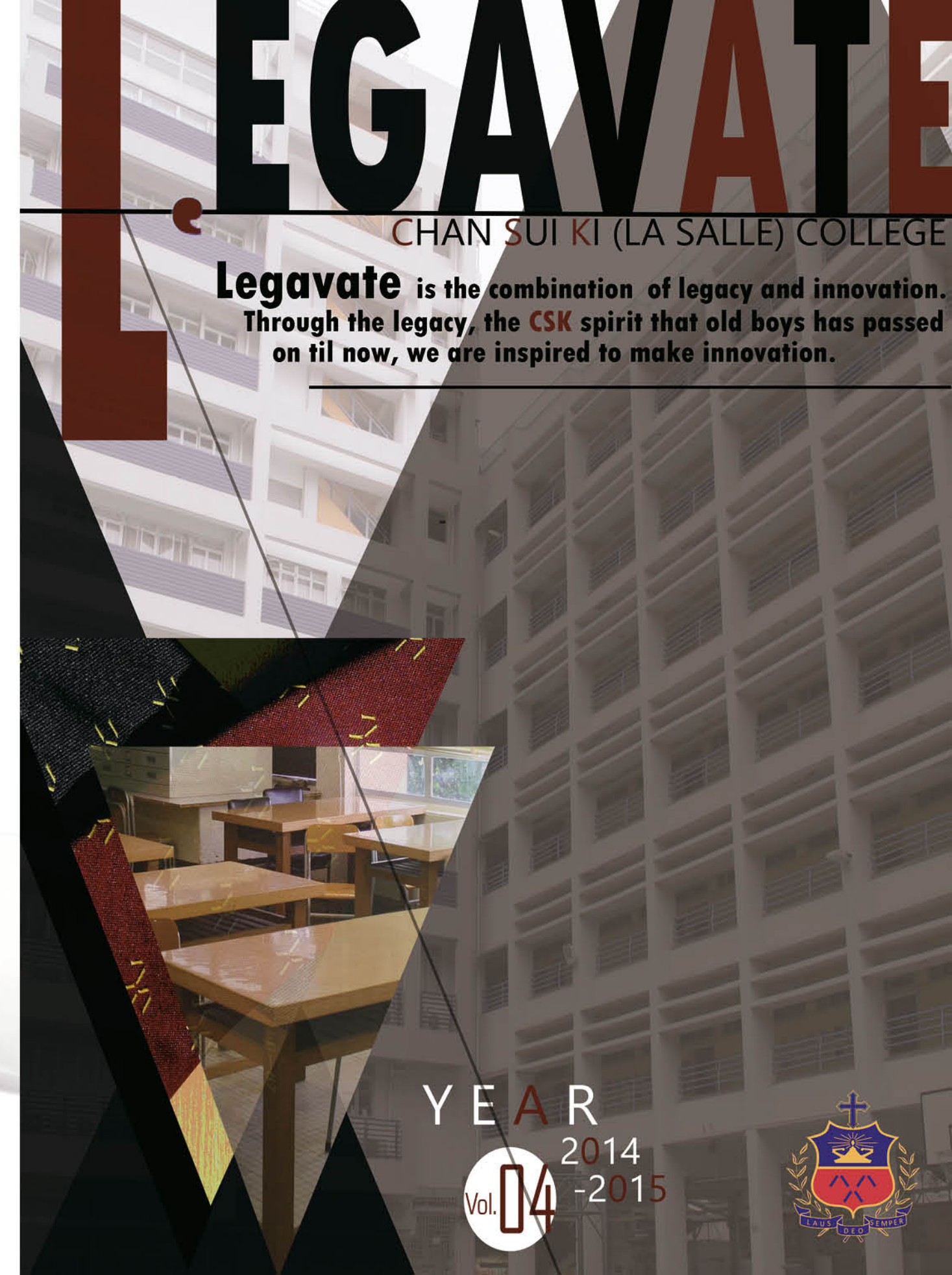
Here, I would like to share one of our major activities, Catholic Gathering, with you. Katso emphasizes on the communication between peers through mutual sharing. Every Wednesday, there is a luncheon meeting which provides a platform for Catholics and non-Catholics to support each other.

This is a fruitful academic year. I tried my best to practise the motto "Enter to Learn, Leave to Serve". I do hope that all of you can enjoy studying in a Catholic School. See you in Catholic Society and may God always be with you!

Angus Lee Chun-fan 6E
The Chairman of Catholic Society "Katso" 2013-2014

LASALLIAN

Always with faith to God



LEGAVATE

CHAN SUI KI (LA SALLE) COLLEGE

Legavate is the combination of legacy and innovation. Through the legacy, the **CSK** spirit that old boys has passed on til now, we are inspired to make innovation.

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