

陳瑞祺(喇沙)書院
九龍何文田常和街四號
電話：二七一八七一七五
傳真：二七六一五五零



CHAN SUI KI (LA SALLE) COLLEGE
4 SHEUNG WO STREET, HOMANTIN,
KOWLOON, HONG KONG.
TEL : 27118175
FAX : 27621550

26th September 2025

Circular No. 25023

Dear Parents/ Guardians,

“Character x Boys’ Growth” Personality Dimensions Workshop Series

To promote school-family collaboration and advocate for positive parenting, our school has invited social workers from the Caritas Jockey Club Project Cedar—Men’s Social and Emotional Support Services to conduct a workshop series titled “Character x Boys’ Growth”. This series includes sessions for fathers and sons, as well as couples.

We sincerely invite everyone to participate. Through these workshops, fathers and sons, as well as couples, will gain a deeper understanding of their own and each other's personality traits. Participants will learn how to support their son’s growth based on these traits, effectively guide children in facing pressure and challenges, and strengthen communication to foster a more harmonious family environment. Parents are welcome to register!

About Personality Dimensions®

Personality Dimensions® is a professional and reliable personality analysis tool founded on the philosophy that every individual possesses four unique personality temperament tendencies. These tendencies shape different personality expressions as one develops and builds self-esteem.

Event Details

Fathers and sons

Dates: 20th, 27th November, 4th, 11th, 18th December 2025 (Thursdays, 5 sessions)
(*Participants must attend all sessions)

Time: 7:00 p.m. – 9:00 p.m.

Location: School

Target: **Junior form students (prioritised)** and **their fathers** (Fathers and students must attend together)

Quota: 8-10 pairs of fathers and sons (The event will be canceled if the minimum number of participants is not reached)

Cost: Free of charge (This activity is funded by the Home School Cooperation Team)

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Instructor: Mr. Mark Leung (Social worker from Caritas Jockey Club Project Cedar, and a Level 1 Character Insight® trainer) and school social worker Mr. Yuen Tik Kei

Note: The activity will be conducted in Cantonese. The school social worker will contact participants via WhatsApp to provide information about the event arrangements.

Couples

Dates: 8th, 15th, 22nd, 29th January, 5th, 12th February 2026 (Thursdays, 6 sessions)
(*Participants must attend all sessions)

Time: 7:00 p.m. – 9:00 p.m.

Location: School

Target: **Fathers and mothers** of current students at our school (**Students' parents must attend together**)

Quota: 8-10 pairs of parents (The event will be canceled if the minimum number of participants is not reached)

Cost: Free of charge (This activity is funded by the Home School Cooperation Team)

Instructor: Mr. Mark Leung (Social worker from Caritas Jockey Club Project Cedar, and a Level 1 Character Insight® trainer) and school social worker Mr. Yuen Tik Kei

Note: The activity will be conducted in Cantonese. The school social worker will contact participants via WhatsApp to provide information about the event arrangements.

Interested parents should reply via E-class by 12th November 2025 (Wednesday). For any questions, please contact Mr. Yuen Tik Kei, the school social worker at 2711 8165.

We look forward to your active participation!

Yours faithfully,

Lee Po Chu Fiona
Principal

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通告編號：25023

敬啟者：

「『性格 x 男孩成長』 性格透視工作坊系列」

為促進家校共育，宣導正向管教理念，本校邀請明愛賽馬會思達計劃-男士社交及情緒支援服務計劃社工為家長舉辦「『性格 x 男孩成長』 性格透視工作坊系列」，分別為父子同行及夫妻齊上陣，現誠邀各位參與，透過工作坊協助爸爸及兒子們、夫婦之間深入了解自己及對方的性格特徵，並學習如何根據彼此的性格來支援兒子成長，更有效地引導孩子面對壓力及挑戰，並強化彼此的溝通，促進家庭更融洽相處。歡迎家長報名參加！

有關性格透視®

性格透視®是一套專業可靠的個性分析工具，其哲學理念建基於人與生俱來有四種獨特的性格氣質傾向，在發展和建立自尊時，形成不同的性格表現。

活動詳情

父子同行

日期：2025年11月20日、27日、12月4日、11、18日（星期四，5節）（*參加者需出席所有節數）

時間：7:00 p.m. – 9:00 p.m.

地點：學校

對象：本校初中學生(優先)及其父親（須一同出席活動）

名額：8-10對父子（若未達最少人數，活動將會取消）

費用：全免（由家校合作組資助活動費用）

導師：梁仲康先生（明愛賽馬會思達計劃-男士社交及情緒支援服務計劃社工，性格透視®（一級）培訓師）及學校社工袁迪奇先生

備註：活動將以粵語進行；學校社工將以WhatsApp聯絡參加者以通知有關活動安排的資訊。

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夫妻齊上陣

日期：2026年1月8日、15日、22日、29日、2月5日、12日（星期四，6節）（*參加者需出席所有節數）

時間：7:00 p.m. – 9:00 p.m.

地點：學校

對象：本校現讀生的父親及母親（須一同出席活動）

名額：8-10對夫妻（若未達最少人數，活動將會取消）

費用：全免（由家校合作組資助活動費用）

導師：梁仲康先生（明愛賽馬會思達計劃-男士社交及情緒支援服務計劃社工，性格透視®（一級）培訓師）及學校社工袁迪奇先生

備註：活動將以粵語進行；學校社工將以WhatsApp聯絡參加者以通知有關活動安排的資訊。

有意參加的家長請於E-class內回覆，截止報名日期為2025年11月12日（星期三）。如有問題，請致電學校2711 8165向學校社工袁迪奇先生查詢。

此致
各家長／監護人

陳瑞祺（喇沙）書院校長
李寶珠 啟

二〇二五年九月二十六日